



# Lockheed Martin Management Association Retirees Newsletter

*Looking Forward Towards A Wonderful Retiree Future!*

OCTOBER 2010

## INSIDE THIS ISSUE:

<b>Frednet</b>	<b>2</b>
<b>Membership</b>	<b>2</b>
<b>Travel</b>	<b>3</b>
<b>Bridge</b>	<b>4</b>
<b>Press Release</b>	<b>4,5</b>
<b>Bea Tamm</b>	<b>5</b>
<b>Internet Addiction</b>	<b>5</b>
<b>Activity Calendar</b>	<b>6</b>

## PRESIDENT'S MESSAGE

Happy Halloween! October starts the second quarter of our LMMAR fiscal year. With our Plans and Budget in place, we continue our successful progress forward. Our Programs are being planned and drafted, reviewing and contracting restaurant facilities and themes for the remainder of our fiscal year. We are always looking to improve our Organization. We need your fresh ideas and capabilities to strengthen our Organization. We have interesting openings for Assistant Secretary, Newsletter Editor, and Webmaster. Looking forward, the position of President will be open in June. If you are interested in a position or have questions, please contact me.

*(Continued on page 2) PRESIDENT'S MESSAGE*

## Norm Dhom Our LMMAR Membership Chair

Norm has volunteered and served as our LMMAR Membership Chair for 5 years. He has dedicated many hours keeping accurate, detailed information of our Membership Records, recruiting new members from LM Recent Retirees and keeping track of collecting Renewal Dues. Norm spends many hours laying out, publishing, and distributing our LMMAR Membership Directory. He submits articles of New Members, Address Changes and Membership updates for our LMMAR Newsletter. He organizes the LMMAR Newsletter Mailing Group for monthly membership mailing distribution and volunteers with his wife Gloria at the LM Blood Bank on the second Wednesday of each Month. He has been supporting the Blood Bank for 5 years.



Norm is a generous person of rock-solid principles, an individual with the rare ability to identify a goal that is essential and pursues it with bulldog tenacity. His outstanding efforts has been one of the keys to LMMAR's success.

Norm's other interests are keeping active with Pilates class at the LM Gym and being involved at the Church of Resurrection

He and his wife Gloria celebrated their 40<sup>th</sup> wedding anniversary this year. They have two daughters who are married and both live in Oregon. They have two grandsons, which adds incentive to make several trips to Oregon.

Norm worked 33 years for Lockheed & Lockheed Martin. He started out working at the Satellite Test Center. Then he moved across the street to work in software, and software quality control for around 30 years.

Accolades go to Norm for his devoted work as our LMMAR Membership Chair.

(PRESIDENT'S MESSAGE)

Please continue informing other LM Retirees about LMMAR and invite them to join LMMAR. Let's leave no LM Retiree behind.

I invite you to attend our LMMAR Executive Board Meetings. We meet the first Monday of each month unless a holiday conflict, then second Monday. 9:30 a.m., Bldg. 157-Front lobby Conference Room.

I hope to see you at our Halloween "Dare To Come For Lunch" luncheon on Friday, October 29, 2010 at Michael's Shoreline Restaurant in Mountain View. We are pleased to have John Kowalchik, Vice President and Chief Engineer of Lockheed Martin Space Systems Company updating us on "What's Going On At Lockheed Martin." We are all interested in this subject. Also, have fun participating in the best Halloween Costume Contest. See flier. Tip: Sign up Early!

Be Happy!  
Ken Koga  
President

kkoga04@sbcglobal.net

### Join The Space Exploration FREDNET Team!

LMMAR scientists, technologists, and engineers are invited to contribute their talents and join this challenging Program. Team FREDNET is going to the Moon, the Engineering Project of a Lifetime! Team FREDNET ([www.teamfrednet.org](http://www.teamfrednet.org)) is a lunar lander program with the Open Space So-

ciety, Inc. a non-profit founded by Fred Bourgeois and associates in 2007. Fred Bourgeois created Open Space Society and Team FREDNET to make space exploration accessible. "We need to actively engage people in the development of novel and accessible space-related missions", says Fred. "Our open-source program allows participants of all ages and backgrounds to join a lunar mission and take-up the challenges proposed by the Google Lunar X-Prize." Fred's motto is "Join Team FREDNET and make Open-Space a reality." The goal of Team FREDNET is to win the Google Lunar X PRIZE (GLXP) by bringing the same successful approach used to develop major software systems (such as the Linux, Firefox, and Open Office) to bear on space exploration. With more than 600 volunteers from 63 countries, the Team is forging new relationships with industry and academia. The FREDNET concept is to provide a fundamental lunar mission architecture within which open source development teams can contribute technologies essential to a complete lunar mission. The lunar mission is framed through the volunteer efforts of aerospace engineers and researchers. If Team FREDNET succeeds in winning the Lunar X-Prize competition, the \$20 million dollar prize will be used to further the development of future open-source space missions. Contact: Prof. Rolando Branly directly at [Rolando.Branly@teamfrednet.org](mailto:Rolando.Branly@teamfrednet.org).

### New Limits for Credit Card Payment Penalties

Josh Frank

*Center for Responsible Lending*

The Federal Reserve's new limits for credit card payment penalties took

effect August 22, which means that penalty fees for missing a payment on your monthly balance must be capped at \$25 for the first violation, but this cap can rise to \$35 if you miss paying again within the next six billing cycles or if your credit card issuer can prove that a higher charge is justified. Also, late-payment fees and other types of penalties may not exceed the amount of the violation.

**Example:** If you are late paying a \$20 minimum payment, the missed-payment fee cannot be more than \$20, or if you are \$10 over your credit limit, you cannot be charged more than \$10 in penalty fees. In the past, penalties of \$39 or more were common.

**Bottom Line/Personal** interviewed Josh Frank, senior researcher, Center for Responsible Lending, Durham, North Carolina.  
[www.ResponsibleLending.org](http://www.ResponsibleLending.org).

### MEMBERSHIP

New Members:

GENE ADAMS  
1320 CARLSEN WAY  
SAN JOSE, CA 95118-1401  
Spouse: BRENDA  
Ph: (408) 234-9093

BURDETTE (BURT) DEMO  
1659 NEW BRUNSWICK AVE  
SUNNYVALE, CA 95087-4261  
Spouse: DIANE  
Ph: (408) 245-2235

JANET MANGAN  
710 MADISON ST  
SANTA CLARA, CA 95050  
PH: (408) 249-0414

DUC PHAN  
4997 CAMDEN AVE  
SAN JOSE, CA 95124-5752  
Ph: (408) 978-1117

Changes:

ROBERT ALLAN  
345 S. SAN ANTONIO RD  
LOS ALTOS, CA 94022-3615

MAYILYN HARSHMAN  
800 BLOSSOM HILL RD #N157  
LOS GATOS, CA 95032-3565

MARIE TROIDL  
ONE W. EDITH AVE A104  
LOS ALTOS, CA 94022

Membership Renewals

As of 27 Sep, **511 members** have renewed their dues.

**125 members still owe DUES.**

Please look at your address on mailing label of Newsletter for membership dates.

P09/10 still owe DUES.

Point Of Contact For Address Changes And Other Member Concerns:

LMMAR  
P.O. Box 3847  
Los Altos, Ca 94024

[Norm\\_Dhom@Earthlink.Net](mailto:Norm_Dhom@Earthlink.Net)

Norm Dhom  
Membership Chairman

TRAVEL

Travel Chairman Vern De Vincenzi  
916-408-4852

Talbot Tours: 800-662-9933

A TRAVEL PRESENTATION WILL BE HELD AT HOBEE'S RESTAURANT IN SUNNYVALE DECEMBER 16, 2010 AT 2:30 PM

**DECEMBER 26, 2010 TO JANUARY 7, 2011 CARIBBEAN NEW YEARS CRUISE.** Fly from San Francisco to Ft. Lauderdale with an included overnight stay in Ft. Lauderdale. The next day we will board the Holland America MAASDAM for an 11-day cruise. After a hectic Christmas holiday you can relax while cruising for the day. The first port of call is Grand Turk Islands, where you will spend the next few hours of enjoying the sunshine, shopping and exploring the area. The next day is leisure time on board ship for a day at sea. Now that we are rested we will go ashore in St Thomas to shop and tour. St. Martin is the next port of call where we can observe the cultural variations between the Dutch and French who divided the Island in 1648. Wow, with so much and several more ports of call you need a brochure for the rest of the itinerary. Dependent upon cabin selection prices for dbl occ. Start at \$2690.00 per person. Call Talbot tours or Vern for a brochure

**FEBRUARY 7-10, 2011 MESQUITE BRANSONFEST OUT WEST**

Mesquite is bringing a little bit of Branson to a fantastic four day festival. Enjoy three live shows: A tribute to the Beatles, Elvis and the Great Pre-

tenders, and the Cats Pajamas. Two matinee performances will feature inspiring entertainers, all over 60 years young. Join in for the free slot tournaments, wine tasting and a welcome happy hour, as well s a fashion show and more. Only \$690.00 per person double occ.

**MARCH 13—28, 2011** Board the MS Zaandam in San Diego and sail to HAWAII for 15 days bring your shorts, sunglasses, sun tan lotion, Hawaiian shirt/blouse and enjoy 15 days of relaxation The ports of call are as follows: Hilo, Kona, Maui, Lahaina, Nawiliwili, Kauai, Honolulu and Ensenada, Mexico. Round trip air to San Diego. Shuttle service to and from the airport, and all driver and porter gratuities. Prices start at \$2125 dbl occ depending upon cabin selection, for single supplement pricing call Talbot tours. Brochures are available

**SEPTEMBER 24—29, 2011.** Get your cowboy hats and boots! We are headed out to Custer State Park. We will spend five nights near Mt. Rushmore where you will enjoy the outdoors in South Dakota. Inclusive tours are; Crazy Horse Memorial, Mount Rushmore, Boot Hill, Badlands National Park, Wall Drug, Buffalo Roundup Steam Train ride, Deadwood, Art Festival and the Journey Museum in Rapid City. Price per person dbl occ. \$1490.00 Single \$1740.00 includes Roundtrip Air, Shuttle service to and from San Jose, taxes and driver/guide gratuities, Brochures are available

**Dec. 30, 2010-Jan. 3, 2011** New Years Eve at the Empress Hotel: Enjoy

(Continued on page 4)

the elegance of New Year's at this beautiful hotel. Experience high Tea, touring Victoria, and Chemainus, with its exquisite murals and the beautiful grounds and holiday lights at Butchard Gardens. Highlighting your visit will be an elegant New Years Eve Party-a feast fit for royalty. Only \$ 1695.00 per person double occ.

**Dec. 30, 2010-Jan. 3, 2011** We have another New Years gala event in the Sonoran Desert Just north of Scottsdale Arizona beyond Pinnacle Peak is a beautiful Oasis - Carefree Resort! All breakfasts and dinner included plus a delightful New Years Eve Brunch.

Enjoy your New Years Eve Dinner and Cocktail Party with dancing to a Big Band orchestra. City tour include Phoenix, Scottsdale, visit Sedona, Oak Creek Canyon & Montezuma Castle. Deluxe! \$1585.00 per person double occ.

This is just a reminder that all trips are guaranteed to go. Also home pickup to and from your local airport Non Bay Area residents please call Talbot Tours if there are any additional or less costs from your local area.

## BRIDGE

### Sept. 2, Pairs Duplicate (4)

1st pl winners: Chet Hayes & Ted Hinshaw; 2nd pl: Dave Himmelblau & Dan Sloan

### Sept 7, Individual Duplicate (9)

1st pl winner: Roger Newkirk; tie for 2nd pl Paul Peuker & Dan Sloan; 4th pl: Ken Krug

### Sept 9 Pairs Duplicate (4)

1st pl: Gary Bea & Chuck Schmidt;

2nd pl: Dan Sloan & Dave Himmelblau

### Sept 14 Individual Duplicate (8)

1st pl: Dan Sloan; tie for 2nd pl: Angie Schynert & Dave Himmelblau; 4th pl: Paul Peuker

### Sept 16 Pairs Duplicate (4)

1st pl: John Parker & Tony Zadel; tie for 2nd pl: Ken Krug & Angie Schynert and Don Kies & Doug Gordon

### Sept 21 Individual Duplicate (12)

1st pl: Alex Fucile; 2nd pl: Ted Hinshaw; 3rd pl: Ken Krug; 4th pl Tony Zadel; tie for 5th pl: Chuck Schmidt & Doug Gordon

### Sept 23, Pairs Duplicate 95)

1st pl: Dave Himmelblau & Ted Hinshaw 2nd pl: Don Kies & Doug Gordon

### Sept 28, Pairs Duplicate (4)

1st pl: Gary Bea & Chuck Schmidt; 2nd pl: Aex Fucile & Wilma Tringaly

### Sept 30, Pairs Duplicate (7)

1st pl: John Parker & Tony Zadel; 2nd pl: Dave Himmelblau & Dan Sloan; 3rd pl: Don Kies & Doug Gordon

## PRESS RELEASE

### Lockheed Martin Voluntary Executive Separation Program to Lower Cost Structure

#### Hundreds of executives apply for early-exit incentives

Bethesda, Md., September 8th, 2010 - Lockheed Martin Corporation [NYSE: LMT] today announced the results of a program begun in July to lower overhead and improve affordability by reducing the number of leaders at the vice president and director levels.

Under the Voluntary Executive Separation

Program (VESP), more than 600 company executives – about 25 percent of the total executive population – applied to accept financial incentives to leave the company. When fully implemented, the program will yield substantial savings in 2011 and on a recurring basis in 2012 and beyond. The executive reductions will help align the number of senior leaders with the overall decline of about 10,000 in the employee population since the beginning of last year, cut overhead costs and management layers, and increase the Corporation's speed and agility in meeting commitments.

"The VESP program will enable us to achieve significant cost savings and a leaner management structure at a time when our customers have an urgent need for more affordable solutions to the global security challenges they face," said Lockheed Martin Chairman and CEO Bob Stevens. "We're grateful to the executives who will be leaving, because we built this Corporation on their leadership and dedicated service. The new reality of our business environment does not in any way detract from the respect and success they earned."

The program is the latest in a series of continuous initiatives aimed at refining strategic alignment while enhancing performance and lowering costs to keep pace with evolving customer realities and global security challenges. Other affordability actions this year have included a major business reorganization, the planned divestiture of two business units, and significant reductions in international

trade show participation and advertising.

In addition to reducing overhead costs, the program is expected to create opportunities for talented individuals to take on broader assignments to continue to grow their careers.

## PRESS RELEASE

### Lockheed Martin Board Increases Quarterly Dividend 19 Percent To \$0.75 Per Share

BETHESDA, Md., September 23rd, 2010 – Lockheed Martin Corporation [NYSE: LMT] today announced that its Board of Directors has authorized a fourth quarter 2010 dividend of \$0.75 per-share. This is the eighth consecutive annual increase in Lockheed Martin's quarterly dividend rate, which is a \$0.12 or 19 percent increase over the prior quarter.

The dividend is payable Dec. 31, 2010 to holders of record as of the close of business on Dec. 1, 2010. Payment of future quarterly dividends is subject to Board authorization.

Headquartered in Bethesda, Md., Lockheed Martin is a global security company that employs about 136,000 people worldwide and is principally engaged in the research, design, development, manufacture, integration and sustainment of advanced technology systems, products and services. The Corporation's 2009 sales from continuing operations were \$44.5 billion.

## BEA TAMM

We are saddened to report the death of Bea Tamm.

Bea was well known to many of us as we enjoyed her company at many LMMAR (and LMAR) lunches. She was the beloved wife of Ralph Tamm who was active for many years in the management of LMMAR. Bea was always cheery, pleasant company. We extend our condolences to Ralph and family for their loss.



## Are You Addicted to the Internet?

Kimberly Young, PhD

Center for Internet Addiction Recovery

The Internet has become so central to our lives that it has become tricky to determine how much time on the Internet is too much. We shop online... pay bills... check sports scores... play video games... visit chat rooms... and write blogs. In a nationwide telephone survey of 2,513 adults, researchers at Stanford University found that about 69% were regular Internet users – and a significant percentage showed signs that their habits were out of control...

**13.7% found it hard to stay away from the Internet** for days at a time.

**12.4% stayed online longer than intended** very often or often.

**8.7% attempted to conceal non-essential Internet use** from family, friends and employers.

**5.9% felt their relationships suffered**

because of excessive Internet use.

## WARNING SIGNS

To help determine if you are addicted to the Internet, ask yourself the following...

Is it hard for me to cut back on my online activities?

Do I often choose online activities over time with friends or family?

Does it interfere with keeping commitments, such as preparing dinner, walking the dog or paying bills?

Do I miss sleep or meals because I'm so engaged online?

Have people commented on how much time I spend on the Internet?

If you answer "yes" to any of the questions, take steps to cut back.

**Bottom Line/Personal** interviewed Kimberly Young, PhD, director of the Center for Internet Addiction Recovery in Bradford, Pennsylvania, [www.netaddiction.com](http://www.netaddiction.com), and author of *Caught in the Net: How to Recognize the Signs of Internet Addiction – and a Winning Strategy for Recovery* (Wiley). She is professor of management sciences at St. Bonaventure University, St. Bonaventure, New York, and serves on the board of *CyberPsychology & Behavior*.

LMMAR  
P.O. Box 3504  
Sunnyvale CA 94800  
Phone 408 742 7506  
Web Site [lmmar.net](http://lmmar.net)

October 2010

## Activity Calendar

1. **LMMAR Executive Board Meeting.** First Monday of each month unless holiday conflict, then second Monday. 9:30 a.m. Bldg. 157-Front Lobby Conference Room. Contact Ken Koga (408) 946-7292.
2. **LMMAR Newsletter Mailing Session.** Volunteers needed. Second Thursday of each month. 9:00 a.m. Bldg 157-Litrium. Contact Norm Dhom (408) 732-2742.
3. **LMMAR Travel.** Cruises and Tours. See Travel Section of Newsletter.
4. **LMMAR Bridge Card Players.** Join the fun! Every Tuesday and Thursday, 12:00 noon. Sunnyvale Elks. Contact Ken Krug (408) 252-3023
5. **Lockheed Martin Blood Bank.** Second Wednesday of each month. 8:00 a.m.– 3:00 p.m. Bldg. 163. LMMAR Contact Norm Dhom (408) 732-2742.
6. **Lockheed Martin Toys-For-Tots.** Donations Accepted. LMMAR contact Carolyn Hobbs (408) 248-3348.
7. **Lockheed Martin Second Harvest Food Bank.** Donations Accepted. LMMAR contact Carolyn Hobbs (408) 248-3348.
8. **LMMAR Halloween Luncheon.** Join the fun! Friday, October 29, 2010, 11:30 a.m. Social, 12:15 a.m. Lunch.  
Michael's At Shoreline Restaurant, 2960 N. Shoreline Blvd, Mountain View, Ca. \$24 per person. John Kowalchik, Vice President and Chief Engineer of Lockheed Martin Space Systems Company, and LMMAR Executive Advisor is speaking on "What's Going On At Lockheed Martin". Have fun participating in our Halloween Costume Contest! *RSVP by 10/25/10* Carolyn Hobbs, (408) 248-3348 or Lucille Wilson, (408) 225-9566. Make Checks payable to LMMAR. *Dare To Come For Lunch.* See Flier.
10. **STEP OUT - Walk To Fight Diabetes.** October 10, 2010, Check-In 7:30 am. Runners start: 9:00 am. Walkers start 9:15 am. Guadalupe River Park Arena Green East (across from the HP Pavilion main entrance). 525 W. Santa Clara Street, San Jose, CA 95113. Run or Walk 1 mile, 3 miles or 5 miles. Raise \$100 or more to receive T-Shirt. Event Highlights: Lunch, Live Music, Healthy Living Fair, Kids Play Zone, Raffle Prizes & More! Form Teams. Volunteers are also needed. Contact Jeri Vasquez, Associate Director, (408) 241-1922 x7469, Register for STEP OUT Today! <http://main.diabetes.org/stepoutsanjose>

LMMAR NEWSLETTER

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