



Lockheed Martin Management Association Retirees Newsletter

Looking Forward Towards A Wonderful Retiree Future!

DECEMBER 2010

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PRESIDENT'S MESSAGE

Happy Holidays!

I hope the Holiday Season finds you and your family happy, healthy, and in peace! This is a busy time of the season preparing to celebrate, have fun and look forward to the 2011 New Year. This is the time for generosity, hope, kindness, and gratitude! ...Enjoy the Holidays!

LMMAR had a fantastic 2010 year! Our dedicated LMMAR Executive Board Leadership met every month as scheduled. Our Financial Budget is solvent and within our plan. The monthly Newsletter was published and delivered on schedule. Our Travel Programs, and Bridge Group were active. The LMMAR Sacramento Area Group had enjoyable activities. We supported the LM Blood Bank, Toys-



...Wishing You And Your Family Happy Holidays And A Fantastic New Year!

From Your LMMAR Executive Board

Ken Koga
President

Hal Boddy
Vice President

Jerry Vaughan
Treasurer

Norm Dhom
Membership

Sheldon Schwartz
Secretary

Carolyn Hobbs
Programs

Lucille Wilson
Asst. Programs

Carl Roberts
Newsletter Editor

Joan Brock
Sunshine

Janet Hammerlund
Asst. Travel

Ken Krug
Bridge

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*Historian, Photographer,
Asst Treasurer*

Vern De Vincenzi
*Sacramento Area
Director, Travel*

Chuck Schmidt
Bridge

Irene Douglas
Sacramento Area Activities

Randy Rasmussen
*Sacramento Area
Communications*

P.J. Carlson
*Sacramento Area
Liaison to LMMAR
Sunnyvale*

John Kowalchik
Executive Advisor

Emmett Taft
*Sacramento Area
Asst. Director*

Carol Safberg
Executive Advisor

for-Tots, and Second Harvest Food Bank. Our members participated and enjoyed our theme luncheons: LMMAR Sacramento Area Luncheon in February, "Lads & Lassies" St. Pat-

rick's Day Luncheon in March, "Let's Go South Of the Border" Luncheon in April, "European Fête" Luncheon in June, LMMAR Sacramento Area Luncheon in June, "Country & Western

(PRESIDENT'S MESSAGE)

2:30 PM

BBQ" in August, and "Dare To Come For Lunch" Halloween Luncheon in October. Our popular December "Let's Celebrate The Season" Luncheon is approaching.

We appreciate and thank LM, Star One Credit Union, LM Bay Area Chapter Leadership Association, Bronwen Jenkins, LM Space Systems Company Leadership Association Board of Directors Financial Advisor, LMMAR Executive Advisor John Kowalchik, VP and Chief Engineer Lockheed Martin Space Systems Company, LMMAR Executive Advisor, Carol Safberg, Executive VP Operations/Chief Operating Officer Star One Credit Union, and also the dedicated Newsletter Mailing volunteers, and the volunteers that helped set up the luncheons. ...What a wonderful Year!

Don't miss our December Joyous Holiday Luncheon, "Let's Celebrate The Season". Friday, December 13, Michael's At Shoreline Restaurant, Mountain View. We will have Matt Helm, Dean Martin impersonator singing memorable Dean Martin songs. There will be some surprises. I am looking forward to meeting you there. For further information see flier or contact Carolyn Hobbs (408) 248-3348 or Lucille Wilson, (408) 225-9566.

Be Happy!

Ken Koga
President
kkoga04@sbcglobal.net

MEMBERSHIP

New Member:

ROBERT TORCZUMER
13795 SARATOGA VISTA AVE
SARATOGA, CA 95070-4939
SP: JANICE
Ph: (408) 867-1280

Changes:

HARLON F. KREIDER
8550 TOUCHTON RD # 1412
JACKSONVILLE, FL 32216
PH: (904) 619-8175

Any Address Changes You Want Corrected Before Directory Changes Is Published?

Point Of Contact For Address Changes And Other Member Concerns:

Lmmar
P.O. Box 3847
Los Altos, Ca 94024

Norm_Dhom@Earthlink.Net

Norm Dhom,
Membership Chairman

TRAVEL

Travel Chairman Vern De Vincenzi
916-408-4852
Talbot Tours: 800-662-9933

A TRAVEL PRESENTATION WILL BE HELD AT HOBEE'S RESTAURANT IN SUNNYVALE, JANUARY 18 2011 AT

FEBRUARY 7-10, 2011 MESQUITE BRANSONFEST OUT WEST

Mequite is bringing a little bit of Branson to a fantastic four day festival. Enjoy three live shows: A tribute to the Beatles, Elvis and the Great Pretenders, and the Cats Pajamas. Two matinee performances will feature inspiring entertainers, all over 60 years young. Join in for the free slot tournaments, wine tasting and a welcome happy hour, as well s a fashion show and more. Only \$690.00 per person double occ.

MARCH 13—28, 2011 Board the MS Zaandam in San Diego and sail to HAWAII for 15 days bring your shorts, sunglasses, sun tan lotion, Hawaiian shirt/blouse and enjoy 15 days of relaxation The ports of call are as follows: Hilo, Kona, Maui, Lahaina, Nawilliwili, Kauai, Honolulu and Ensenada, Mexico. Round trip air to San Diego. Shuttle service to and from the airport, and all driver and porter gratuities. Prices start at \$2125 dbl occ depending upon cabin selection, for single supplement pricing call Talbot tours. Brochures are available

SEPTEMBER 24—29, 2011. Get your cowboy hats and boots! We are headed out to Custer State Park. We will spend five nights near Mt. Rushmore where you will enjoy the outdoors in South Dakota. Inclusive tours are; Crazy Horse Memorial, Mount Rushmore, Boot Hill, Badlands National Park, Wall Drug, Buffalo Roundup Steam Train ride, Dead-

(Continued on page 3)

wood, Art Festival and the Journey Museum in Rapid City. Price per person dbl occ. \$1490.00 Single \$1740.00 includes Roundtrip Air, Shuttle service to and from San Jose, taxes and driver/guide gratuities, Brochures are available

This is just a reminder that all trips are guaranteed to go. Also home pickup to and from your local airport Non Bay Area residents please call Talbot Tours if there are any additional or less costs from your local area.

THE HAPPINESS PROJECT

Gretchen Rubin

The Happiness Project

Philosophers, psychologists and self-help gurus all have advice on how we can be happier – but what really works? Journalist Gretchen Rubin decided to find out. She devoted a year to "test-driving" happiness strategies and gathered feedback from visitors to her popular Web site. She called her research "The Happiness Project." Different happiness strategies work for different people, but a few strategies stand out...

Seek novelty and challenge even if you value consistency and comfort. I didn't expect exploring new challenges to make me happier – familiarity and comfort are very important to me – but I was wrong. Trying new things is one of the most effective paths to happiness that I have encountered.

The human brain is stimulated by surprise and discovery. Successfully coping with the unfamiliar can provide a high level of happiness. Repeating what we've done many times before can be comfortable, but comfortable is not the same as happy. Challenge yourself to do something that sounds interesting – even if it's different from anything you've done before or it requires skills that you're not sure you have. Take a class... try a new hobby... learn a language... or visit a different town or museum every weekend.

Try doing whatever you enjoyed doing at age 10. The person we are in adulthood has more in common with the person we were at age 10 than we realize. Renowned psychiatrist Carl Jung started playing with building blocks as an adult to recapture the enthusiasm he had felt in his youth. If fishing made us happy when we were 10, odds are it will make us happy today... if playing the drums made us happy then, it probably still will.

Read memoirs of death and suffering. Paradoxically, sad books can increase our happiness. These books put our own problems in perspective and remind us how fortunate we are. It's not that I'm happy that other people have been unhappy. It's just a way of appreciating everything that I do have.

Declutter your home. A few minutes of cleaning can substantially improve one's mood by giving us the sense that we have accomplished something positive. Cleaning also creates an impression of order that can contribute to serenity. And it helps

remove a source of stress – conspicuous clutter is a visual reminder of a responsibility that we have neglected. Try a brief burst of cleaning the next time you feel overwhelmed or anxious even if you don't think it will work for you. Even people who are not particularly fastidious discover that this boosts their mood.

Be appreciative of people's good traits rather than critical of their bad ones... be thankful for what they do for you, and stop blaming them for what they don't.

Enjoy today even if there's still work to do. Many of us assume it's normal to live with limited happiness until some major milestone is reached – we earn that big promotion, have a family or retire. We tell ourselves, I'll be happy when I achieve my goals.

Unfortunately, people who pin their happiness on a distant goal usually spend most or all of their lives less happy than they could be. Often they set ever more distant goals as the original targets approach or they discover that the goal that they thought would bring happiness actually brings added stress. Some never reach their goals at all.

Bottom Line/Personal interviewed Gretchen Rubin, an attorney and former Supreme Court clerk. Based in New York City, Rubin is founder of *The Happiness Project*, a blog and newsletter, and author of the best-selling book *The Happiness Project* (Harper), for which she personally tested happiness strategies. www.Happiness-Project.com

Press Release

First Navy F-35 Arrives At Pax River

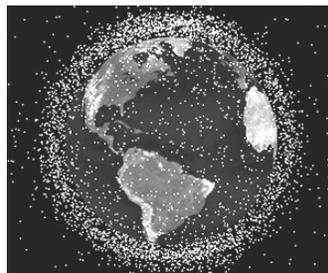


PATUXENT RIVER, Md, November 9th, 2010 – The first F-35C Lightning II carrier variant, the U.S. Navy's first stealth fighter, arrived at Naval Air Station (NAS) Patuxent River, Md., on Saturday, Nov. 6 at 2:37 p.m. The aircraft, piloted by David "Doc" Nelson, departed NAS Fort Worth Joint Reserve Base at 11:31 a.m. (Eastern) and achieved successful air refuels at a maximum load of 19,800 pounds during the flight. At Patuxent River, the F-35C will conduct air-to-air refueling and performance testing. The World's Only 5th Generation Multirole Fighter, the F-35 Lightning II, also known as the Joint Strike Fighter (JSF), integrates advanced very low observable stealth into a supersonic, highly agile 5th generation fighter. The capabilities built into the F-35 Lightning II provide the pilot with unprecedented situational awareness and unmatched lethality and survivability. While each variant (F-35A, F-35B, F-35C) is uniquely designed to operate from different bases, all three variants set new standards in network-enabled mission systems, sensor fusion, supportability and maintainability. The world's most experienced aerospace industry leaders (Lockheed Martin, Northrop

Grumman, BAE Systems and the Fighter Engine Team—Pratt & Whitney and GE Rolls-Royce) combine sophisticated manufacturing, engineering and technological capabilities to develop the F-35 Lightning II. This, along with global partnerships, has been an integral part of the JSF Program. Setting the stage for reliability and maintainability, the F-35's built-in sustainment establishes new levels of operational readiness and helps meet the needs across the spectrum of military operations. With its host of next-generation technologies and unprecedented capabilities, the F-35 is the world's most advanced multirole fighter.

Press Release

Lockheed Martin Submits Bid for Space Fence



MOORESTOWN, N.J., November 18th, 2010 – Lockheed Martin [NYSE: LMT] submitted its proposal today for the next phase of Space Fence, a program that will revamp the way the U.S. Air Force identifies and tracks objects in space. Space Fence will use S-band ground-based radars to provide the Air Force with uncued detection, tracking and accurate measurement of space objects, primarily in low-earth orbit. The geographic separation and the higher wave frequency of the new Space Fence radars will allow for the

detection of much smaller microsattelites and debris than current systems. Additionally, Lockheed Martin's Space Fence design will significantly improve the timeliness with which operators can detect space events which could present potential threats to GPS satellites or the International Space Station. "The 2009 collision of an operational communications satellite with a defunct satellite illustrates the real risk space debris poses to both our manned and unmanned space missions," said John Morse, director of Lockheed Martin's Space Fence program. "Space situational awareness is a national security priority and Space Fence will greatly enhance our ability to track and catalog orbiting objects which number in the tens of thousands." For this next phase of the Space Fence program, the Air Force will award up to two preliminary design review contracts worth up to a total of \$214 million. During the 18-month period of performance, selected contractors will develop preliminary system designs, radar performance analyses, evaluations and prototypes, and conduct other technical activities. After completion of this phase in 2012, a separate production contract award is expected to lead to final system development, fielding and full operational capability. Space Fence will replace the existing Air Force Space Surveillance System, or VHF Fence, which has been in service since the early 1960s. The new system's initial operational capability is scheduled for 2015. The contract is valued at more than \$3.5 billion. With more than 400 operational S-band arrays deployed worldwide, Lockheed

Martin is a leader in S-band radar development, production, operation and sustainment. The Lockheed Martin-led team, which includes General Dynamics, AT&T and AMEC, has decades of collective experience in space-related programs including sensors, mission-processing, cataloging, orbital mechanics, net-centric communications and facilities.

BRIDGE

NOV. 2 Individual duplicate - no game- not enough players

NOV. 4 Pairs duplicate (4)

1st pl - Gary Bea & Doug Gordon; tie for 2nd pl - Tom Counihan & Jerry Vaughan and Ken Krug & Angie Schynert

NOV. 7 2010 No game on this date since our bridge area became an election polling place!

NOV. 9 Individual duplicate (7)

1st pl - Ken Krug; Tie for 2nd pl - Alex Fucile and Dave Himmelblau

NOV. 11 Pairs duplicate (5)

1st pl - Chet Hayes & Ted Hinshaw; 2nd pl - Caesar Grolemond & Bob Vigeant

NOV. 16 Individual duplicate (9)

1st pl - Dave Himmelblau ; 2nd pl - Roger Abegg; 3rd pl - Roger Newkirk; 4th pl - Alex Fucile

NOV. 18 Pairs duplicate(7)

1st pl - John Parker & Tony Zadel; 2nd pl - Chet Hayes & Ted Hinshaw; 3rd pl - Ken Krug & Angie Schynert

NOV. 23 Pairs duplicate (4)

1st pl Chet Hayes & Ted Hinshaw; 2nd pl - Chuck Schmidt & Angie Schynert

NOV. 30 Pairs duplicate (5)

1st pl - Gary Bea & Chuck Schmidt:

2nd pl - Ken Krug & Angie Schynert

On the 6th of January, the Bridge Group will move from the ELKS LODGE in Sunnyvale to the new ELKS LODGE facilities on the El Camino Real in Palo Alto. Please come and join us there for a great time.

Press Release

Lockheed Martin Delivers 2010 Census Data On Schedule and Under Budget

Data from more than 165 million forms processed and delivered to the U.S. Census Bureau

ROCKVILLE, Md., November 1st, 2010 - With the completion of the 2010 Census forms processing operation in September, Lockheed Martin [NYSE: LMT] made its final set of deliveries for the population count—which included data from more than 165 million 2010 Census forms—to the U.S. Census Bureau. The data delivery represents the pinnacle of a six-year technology program as part of the Decennial Response Integration System (DRIS) contract being performed on schedule and under budget. The Lockheed Martin-led DRIS team is responsible for the people, process, technology and infrastructure needed to receive, capture and standardize census data from U.S. residents, as well as provide telephone assistance to support data capture efforts. By designing an advanced technology solution to accurately, securely and efficiently scan the forms, the team was able to process as many as 2.5 million forms every 24 hours dur-

ing peak production. In addition, the team answered 4.4 million inbound telephone inquiries and made 7.4 million outbound calls in total to ensure no one was missed or counted more than once. 2010 Census data are used to distribute Congressional seats to states and to allocate more than \$400 billion in federal funds to local, state and tribal governments. “The foundation of how our government operates is based on the data we process from the census,” said Julie Dunlap, director of Lockheed Martin’s Census Practice and program manager for the 2010 Census DRIS. “We have to do it, we have to do it right, and we have to do it on time.” At peak, the DRIS team, which included Lockheed Martin and its partner companies, consisted of nearly 15,000 employees working in one of three data capture centers or one of 11 call centers established throughout the country to support the 2010 Census. With the final delivery completed, the team is in the process of shutting down operations. Job fairs and job-seeking skills training are being provided for temporary employees. “I’m very proud of our team for their flawless performance and commitment to our customer and our nation,” said Dunlap. “In complete partnership with the Census Bureau every step of the way, the DRIS team delivered the data accurately and securely, on schedule and under budget. This will enable the Census Bureau to deliver the data to the President by December 31, 2010 as mandated, as well as contribute to the 2010 Census operations savings that the Census Bureau realized overall.”

December 2010

Activity Calendar

1. **LMMAR Executive Board Meeting.** First Monday of each month unless holiday conflict, then second Monday. 9:30 a.m. Bldg. 157-Front Lobby Conference Room. Contact Ken Koga (408) 946-7292.
2. **LMMAR Newsletter Mailing Session.** Volunteers needed. Second Thursday of each month. 9:00 a.m. Bldg 157-Litrium. Contact Norm Dhom (408) 732-2742.
3. **LMMAR Travel.** Cruises and Tours. See Travel Section of Newsletter.
4. **LMMAR Bridge Card Players.** Join the fun! Every Tuesday and Thursday, 12:00 noon. Sunnyvale Elks. Contact Ken Krug (408) 252-3023
5. **Lockheed Martin Blood Bank.** Second Wednesday of each month. 8:00 a.m.- 3:00 p.m. Bldg. 163. LMMAR Contact Norm Dhom (408) 732-2742.
6. **Lockheed Martin Toys-For-Tots.** Donations Accepted. LMMAR contact Carolyn Hobbs (408) 248-3348.
7. **Lockheed Martin Second Harvest Food Bank.** Donations Accepted. LMMAR contact Carolyn Hobbs (408) 248-3348.
8. **LMMAR Holiday Luncheon. "Let's Celebrate The Season!"** Friday, December 17, 2010, 11:30 a.m. Social, 12:15 a.m. Lunch. Michael's At Shoreline Restaurant, 2960 N. Shoreline Blvd, Mountain View, Ca. \$24 per person. Featuring Matt Helm, Dean Martin Impersonator bringing back the memories of Dean Martin songs. *RSVP by Monday, 12/13/10* Carolyn Hobbs, (408) 248-3348 or Lucille Wilson, (408) 225-9566. Make Checks payable to LMMAR. ***Don't miss this popular Event!*** See Flier

LMMAR NEWSLETTER

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